

# **CME FOUNDATION OF INDIA**

Building "A", Sahney Business Centre, 27 Kirol Road, Vidyavihar (West), Mumbai - 400086 T: +91-22-62869292

### AGENDA

8<sup>th</sup> December, 2023 – (DAY 1)

Time: 2:00 p.m. to 9:00 p.m.

Topics	Timings
Welcome Note	2:00 p.m. to 2:15 p.m.
Managing NAFLD	2:15 p.m. to 3:00 p.m.
The new face of GERD	3:00 p.m. to 3:45 p.m.
Treatment of Hepatitis B	3:45 p.m. to 4:30 p.m.
Managing GI Bleed	4:30 p.m. to 5:00 p.m.
Basic Endoscopy for Physicians	5:00 p.m. to 5:15 p.m.
Q & A Session	5:15 p.m. to 6:00 p.m.
Tea Break	6:00 p.m. to 6:45 p.m.
The Role of Endoscopy in the Diagnosis and Treatment of GI Disorders	6:45 p.m. to 7:30 p.m.
The Latest in Hepatitis C Management: A Review of Direct- Acting Antivirals (DAAs)	7:30 p.m. to 8:15 p.m.
Updates in the Diagnosis and Management of Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis	8:15 p.m. to 9:00 p.m.
(NASH)	6.15 p.m. to 9.00 p.m.

#### 9<sup>th</sup> December, 2023 – (DAY 2) Time: 8:30 a.m. to 09:00 p.m.

Topics	Timings
Best Practices for the Diagnosis and Management of Gastroesophageal Reflux Disease (GERD)	8:30 a.m. to 9:15 a.m
Dietary Approaches to the Management of GI Disorders: A Focus on the Low FODMAP Diet	9:15 a.m. to 10:00 a.m.
Q & A Session	10:00 a.m. to 10:30 a.m.
Breakfast	10:30 a.m. to 11:00 a.m.
The Role of Probiotics and Prebiotics in Gut Health and Disease Prevention	11:00 a.m. to 11:45 a.m.
Understanding Heartburn and GERD: Symptoms, Causes, and Treatments	11:45 a.m. to 12:30 p.m.
Q & A Session	12:30 p.m. to 1:00 p.m.
Lunch Break	1:00 p.m. to 2:00 p.m.
Digestive Health: How to Keep Your Gut Happy and Healthy	2:00 p.m. to 3:15 p.m.
Healthy Eating for a Happy Gut: Tips and Tricks for Digestive Wellness	3:15 p.m. to 4:30 p.m.
Q & A Session	4:30 p.m. to 5:15 p.m.
Tea Break	5:15 p.m. to 6:00 p.m.
Updates on Probiotics and Their Role in Digestive Health	6:00 p.m. to 6:45 p.m.
Simple Dietary Changes to Improve Your Digestion	6:45 p.m. to 7:30 p.m.
Gut-Brain Connection: How Your Gut Health Affects Your Mental Health	7:30 p.m. to 8:15 p.m.
Q & A Session	8:15 p.m. to 9:00 p.m.



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### <u>AGENDA</u>

8<sup>th</sup> December, 2023 – (DAY 3) Time: 8:30 a.m. to 1:00 p.m.

Topics	Timings
A Review of the Most Common Digestive Enzymes and Their Benefits	8:30 a.m. to 9:15 a.m.
The Importance of Fiber in a Healthy Diet for Digestive Health	9:15 a.m. to 9:50 a.m.
Q & A Session	9:50 a.m. to 10:20 a.m.
Tea Break	10:20 a.m. to 11:00 a.m.
Advances in the Diagnosis and Treatment of Inflammatory Bowel Disease (IBD)	11:00 a.m. to 11:45 a.m.
Managing Common GI Conditions in the Primary Care Setting	11:45 a.m. to 12:30 p.m.
Q & A Session	12:30 p.m. to 12:50 p.m.
Vote of Thanks	CME Foundation of India