



CME Overview:

Welcome to the "Gastro Congress" a comprehensive Continuing Medical Education (CME) event dedicated to advancing the understanding and management of gastrointestinal diseases. This thoughtfully organized forum aims to provide healthcare professionals with an indepth understanding and discussion of the intricacies inherent in gastrointestinal diseases. Facilitated by distinguished experts, this event serves as a platform for knowledge exchange, the promotion of evidencebased approaches, and the refinement of clinical skills in the fields of General Medicine and Gastroenterology.

CME Objective:

The primary objective of the Gastro Congress is to empower healthcare professionals with advanced insights into the complexities of Gastrointestinal (GI) conditions. The symposium seeks to foster knowledge exchange among participants, encouraging collaboration and discussion. Through expertled sessions, the event aims to promote evidencebased approaches, emphasizing the importance of integrating care strategies. Healthcare professionals specializing in General Medicine and Gastroenterology are encouraged to enhance their clinical skills, adopting a holistic approach that transcends the management of individual conditions to address comorbidities and risk factors across the entire gastrointestinal system.

Learning Objectives:

- ❖ Understand how to treat Metabolic Associated Fatty Liver Disease (MAFLD).
- ❖ Learn how to handle Non-Alcoholic Steatohepatitis (NASH) in patients with heart and metabolic issues.
- ❖ Explore the basics of liver cirrhosis and how to treat complications like portal hypertension.
- ❖ Get familiar with the latest guidelines for managing hepatitis.
- ❖ Learn practical approaches to handle acid reflux in Indian patients.
- ❖ Understand common gut movement problems and how to approach functional GI diseases.
- ❖ Learn about the connection between gut bacteria and brain health.
- ❖ Recognize how to treat liver diseases considering the Indian context.
- ❖ Learn how to manage sudden inflammation of the pancreas.
- ❖ Understand challenges in diagnosing and treating Irritable Bowel Syndrome.
- ❖ Learn strategies to treat liver diseases caused by alcohol consumption.
- ❖ Explore ways to address persistent acid reflux that doesn't respond to standard treatment.

Join us in this transformative educational experience at the "Gastro Congress" where healthcare professionals gather to explore cutting-edge insights in gastrointestinal disease. Contribute to the advancement of patient care by delving into the latest advancements and best practices in the field of Gastroenterology. Your active participation will enrich the forum, fostering collaboration for the enhancement of clinical skills and the exchange of valuable knowledge.

AGENDA

16th March, 2024 – (DAY 1)
Time: 2:00 p.m. to 9:00 p.m.

Topics	Timings
Welcome Note	2:00 p.m. to 2:15 p.m.
Managing Metabolic-Associated Fatty Liver Disease	2:15 p.m. to 3:00 p.m.
Managing NASH in patients with cardio-metabolic disease	3:00 p.m. to 3:45 p.m.
Portal Hypertension, Liver Cirrhosis: Natural History, Complications & novel treatments	3:45 p.m. to 4:30 p.m.
Q & A Session	4:30 p.m. to 5:15 p.m.
Tea Break	5:15 p.m. to 6:00 p.m.
Hepatitis – Management Guidelines & protocols	6:00 p.m. to 6:45 p.m.
Managing GERD in Indian patients	6:45 p.m. to 7:30 p.m.
Addressing G.I Motility issues & Functional G.I diseases	7:30 p.m. to 8:15 p.m.
Q & A Session	8:15 p.m. to 9:00 p.m.

17th March, 2024 – (DAY 2)
Time: 8:30 a.m. to 1:00 p.m.

Topics	Timings
Gut Microbiota and the Gut-Brain Disorders	8:30 a.m. to 9:15 a.m.
Managing Liver Diseases in Indian patients	9:15 a.m. to 9:50 a.m.
Q & A Session	9:50 a.m. to 10:20 a.m.
Tea Break	10:20 a.m. to 11:00 a.m.
Management of acute pancreatitis	11:00 a.m. to 11:45 a.m.
IBS – Deliberating the way ahead /When IBS plays Hide and seek in the GIT	11:45 a.m. to 12:30 p.m.
Q & A Session	12:30 p.m. to 12:50 p.m.
Vote of Thanks	12:50 p.m. to 1:00 p.m.

Date: 16th March to 17th March 2024

Venue: Grand Hyatt Goa, Bambolim, Goa