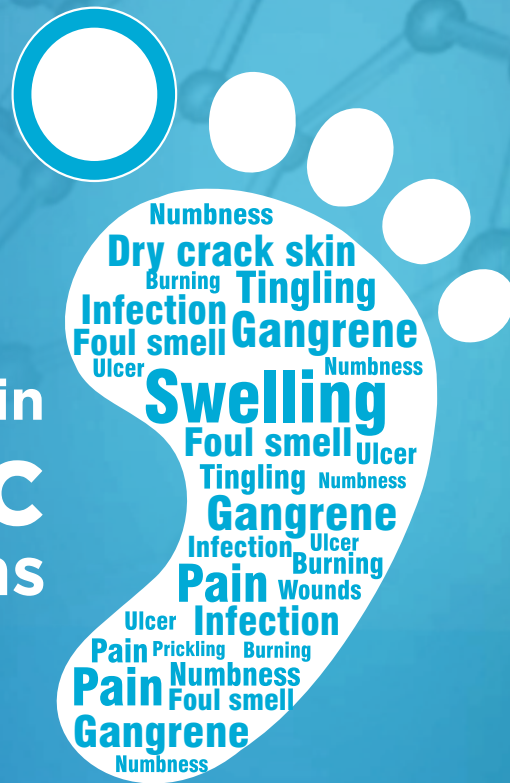




CME FOUNDATION OF INDIA

# New Learnings in **Diabetic Complications**



**Venue:** Nazarath hospital, Shillong  
**Date:** 1<sup>st</sup> June 2024  
**Registration Link:** XXXXXXXXXXXXXXX

## CME Objectives

1. To enhance participating physicians' understanding of advanced diabetes management, including its complications, with a specific focus on diabetic foot complications.
2. To provide physicians with hands-on experience in diabetic foot assessment and wound dressing techniques.
3. To facilitate a platform for knowledge sharing and collaboration among healthcare professionals in Shillong .
4. To improve the quality of care provided to patients with diabetes and diabetic foot complications.

## CME Overview

The "New Learnings in Diabetic Complications" is a comprehensive one-day CME workshop designed to equip consulting physicians in Shillong with the latest knowledge and practical skills necessary for the management of advanced diabetes and diabetic foot complications. This workshop combines expert lectures, and hands-on workshops to provide a holistic learning experience.

## Learning Objectives

**By the end of the workshop, participants will be able to:**

1. Recognize and diagnose advanced diabetes and its associated complications.
2. Understand the principles of diabetic foot assessment, including neuropathy, vascular issues, and ulceration risk.
3. Acquire proficiency in wound dressing techniques for diabetic foot ulcers.
4. Implement best practices in diabetic foot care, including prevention and treatment strategies.
5. Collaborate effectively with multidisciplinary teams to optimize patient outcomes.
6. Stay updated on the latest advancements in diabetes management and foot care.

# AGENDA

TOPIC: **“New Learnings in Diabetic Complications”**

Date: **1<sup>st</sup> June 2024**

Venue: **Nazarath hospital, Shillong**

Faculty: **Dr. Ashu Rastogi**

**Dr. Bikash Bhattacharjee**

**Dr. Sudhir Kumar Jain**

Time	Topic	Speaker
08.30 am to 09.30 am	Registration	
09.30 am to 10.10 am	Introduction - Epidemiology/Pathophysiology of Diabetic Foot	Dr. Sudhir Kumar Jain
10.10 am to 10.50 am	Assessment of Foot in Diabetes: Recognize What is Wrong	Dr. Ashu Rastogi
10.50 am to 11.05 am	Coffee	
11.05 am to 11.45 am	Diabetic Foot Infections: Recognizing & Managing	Dr. Ashu Rastogi
11.45 am to 12.30 pm	Medico Surgical Management of Diabetic Foot	Dr. Sudhir Kumar Jain
12.30 pm to 01.00 pm	Diabetic Foot: Education & Prevention	Dr. Bikash Bhattacharjee
01.00 pm to 01.30 pm	Q & A Session	
01.30 pm to 02.00 pm	Lunch	
02.00 pm to 02.45 pm	Recent Advancements in Diabetic Foot Management	Dr. Ashu Rastogi
02.45 pm to 03.45 pm	Workshops divided into 2 groups:	
	Group A - Neuro-vascular Assessment	Dr. Ashu Rastogi & Dr. Bikash Bhattacharjee
	Group B - Callus - Nail - Ulcer Debridement	Dr. Sudhir Kumar Jain
03.45 pm to 04.15 pm	Charcot Foot in Diabetes : What You Should Know	Dr. Ashu Rastogi
04.15 pm to 05.15 pm	Quiz - What We Learnt Today	Dr. Sudhir Kumar Jain
05.15 pm to 05.30 pm	Vote of Thanks	

### **Etiology and Pathophysiology of the Diabetic Foot:**

- 1 This topic will cover the intricate causes and physiological mechanisms behind diabetic foot complications, exploring how neuropathy, peripheral arterial disease, and hyperglycemia interact to predispose individuals to foot ulcers and infections.

### **Assessment and Management of Diabetic Foot:**

- 2 This topic will cover the comprehensive assessment of diabetic foot conditions, including evaluation of neurovascular status, wound characteristics, and risk factors, to guide tailored management strategies.

### **Diabetic Foot Infections: Recognizing & Managing**

- 3 This topic will cover the complex management of infections in diabetic foot ulcers, involving prompt diagnosis, appropriate antimicrobial therapy, and surgical intervention when necessary to prevent systemic complications and limb loss.

### **Medico Surgical Management of Diabetic Foot**

- 4 The topic will cover evidence-based strategies for infection control and discuss the latest advancements in surgical interventions aimed at optimizing limb salvage outcomes for diabetic patients.

### **Diabetic Foot Education and Prevention:**

- 5 This topic will cover educating the patients with diabetes about foot care practices, emphasizing daily inspection, proper footwear selection, and injury prevention measures to minimize the risk of complications such as ulcers and infections.

### **Recent Advancements in Diabetic Foot Management**

- 6 This topic will cover recent advancements in diabetic foot management, such as novel wound care modalities, minimally invasive surgical approaches, and the importance of multidisciplinary collaboration in enhancing patient outcomes.

### **Workshops:**

The workshops will be divided into two groups.

- 7 **Group A** will cover neuropathy and vasculopathy assessment, while **Group B** will cover callus - nail - ulcer debridement. The sessions will provide hands-on experience and practical tips for managing diabetic foot complications.

### **Charcot Foot in Diabetes**

- 8 This topic will cover the pathophysiology, biochemistry, and treatment of Charcot foot; a serious complication of diabetes that can lead to deformity and disability. The session will provide an understanding of the disease process and the latest treatment options.

## About Faculty



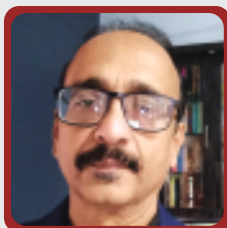
**Dr. Ashu Rastogi**  
MBBS, MD,  
DM (Endocrinology),  
MNAMS, FACE, FRCP (Edin)

Dr. Ashu Rastogi is an associate professor in the department of endocrinology at PGIMER, Chandigarh, India. With a focus on diabetic foot complications and diabetic neuropathy, he has made significant contributions to the medical community, evident through his extensive publication record comprising over 110 research papers in indexed journals. His dedication to advancing endocrinology has earned him numerous accolades, including the Young Investigator Award by the American Association of Clinical Endocrinology in 2012 and the Prof. BR Shrivastava Oration at RSSDI in 2017. Dr. Rastogi's commitment to excellence is further exemplified by awards such as the AR Sheth Award and the A V Gandhi Award by the Endocrine Society of India, along with international recognitions like the Best Research Award by the US Endocrine Society and the IWGDF in the Hague, Netherlands. Currently serving as the secretary of the Diabetic Foot Society of India and the RSSDI Chandigarh chapter, as well as an executive committee member of the Endocrine Society of India.



**Dr. Bikash Bhattacharjee**  
MBBS, GDip DC,  
MDC

Dr. Bikash Bhattacharjee is a distinguished Senior Consultant Diabetologist and Director at Sun Valley Hospital in Guwahati, with a profound background in medical education from Guwahati Medical College and New Castle University, Australia. With over 15 years of specialized experience in diabetes management and obesity research, Dr. Bhattacharjee leads the hospital's diabetes care team and is a revered figure in the medical community, holding leadership roles such as Vice President of North Eastern Diabetes Society (NEDS) and Joint Secretary of All India Association for Advancing Research in Obesity (AIAARO). He has been also been Past Executive Member, RSSDI (East Zone) and Past Chairperson, RSSDI, Assam Chapter. He is instrumental in implementing innovative treatment protocols that enhanced patient outcomes, and is a sought-after speaker at national and international conferences, showcasing his commitment to advancing diabetes care and research.



**Dr. Sudhir Kumar Jain**  
MS, Ph.D

Dr. Sudhir K Jain is the Chief Diabetic Foot Surgeon at Sun Valley Hospital, Guwahati, Assam, specializing in Diabetes Limb Complications & Foot Care. With over two decades of experience in medical colleges across Assam, he has been pivotal in developing innovative, cost-effective wound and burn management techniques such as WCD and AGNI-BCD. His significant contributions include research in the bacteriology of Diabetic Foot Infections in Northeast India, earning him a Postdoctoral Degree from Guwahati University. Dr. Jain has introduced groundbreaking surgical teaching methods in medical colleges, actively raises public awareness through articles, a book in Hindi and Assamese, "Diabetic Foot-Kuch Ankahe Tathya" and manages a popular Facebook page. He initiated the "Charan Sparsh" social project and "Diabetic Foot Day" to increase public engagement and awareness. His exemplary work has been recognized with the National "Exemplary Achievement Award" by the Diabetic Foot Society of India, and he is a life member of several prestigious medical societies.

For inquiries and registration, please contact:

**Priyanka Vasant Gaikwad**  
Business Development Manager

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 **Email - priyanka.gaikwad@hansamedcell.in**

# Snapshots of Success

## New Learnings in Diabetic Complications Prof. Arun Bal Auditorium, Chennai - 25<sup>th</sup> February 2024



## Advancements in Respiratory Health Sterling Corbett, Jim Corbett, Uttarkhand - 2<sup>nd</sup> & 3<sup>rd</sup> March 2024



## Advancements in Respiratory Health Hotel Fariyas, Lonavala, Maharashtra - 24<sup>th</sup> & 25<sup>th</sup> February 2024



## Advancements in Respiratory Health

Hotel Manas, Igatpuri, Maharashtra - 24<sup>th</sup> & 25<sup>th</sup> February 2024



## Advancements in Respiratory Health

Winnies Holiday Resort & Spa, Kasauli, Himachal Pradesh - 24<sup>th</sup> & 25<sup>th</sup> February 2024



## Advancements in Respiratory Health

Moksha Timber Trail Resort, Parwanoo, Himachal Pradesh - 10<sup>th</sup> & 11<sup>th</sup> February 2024



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## About CME Foundation of India

“CME FOUNDATION OF INDIA” is a registered AOP under income tax act 1961, which is engaged in updating the skills and knowledge of practicing doctors, nurses, and healthcare professionals by providing continuing education activities. The objective of the foundation is to serve the medical knowledge needs of practicing doctors, nurses, and healthcare professionals in order to enhance the quality of healthcare service provided to patients in rural and urban area.

CMEFI has worked with many prominent senior faculties, societies, and associations in the medical fraternity to create Continuing Medical Education modules in different formats, print and digital, leveraging the evidence based knowledge and skills of the thought leaders drawn from various medical specialties and reaching it to large number of practicing doctors across the country. The continuing education is imparted to professionals through live meetings, workshops, webinars, and the distance education mode.

CMEFI provides an excellent forum to share the outstanding experience and expertise of eminent specialists with the young professionals thereby benefiting millions of people through better treatment at Point of Care.

CMEFI carries out the scientific and market research projects such as conducting Medical and Nursing Education activities, patient camps and surveys by healthcare providers, doctors, medical practitioners, and nurses etc., CMEFI works with Indian Institutions and Individual doctors to offer CME programs of current interest in India.

CMEFI plans to establish and promote social / culture / business centres and to conduct such activities in the interest of all doctors, medical practitioners, and nurses.