

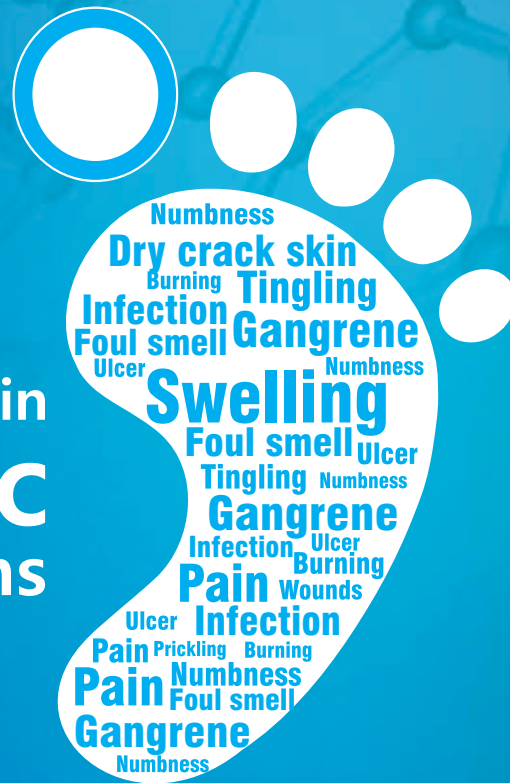


CME FOUNDATION OF INDIA

 21st July, 2024

 Swasthyam Superspeciality Hospital, Nagpur

New Learnings in Diabetic Complications



Registration Link  <https://newlearningsindiabeticcomplicationsnagpur.cmefi.co.in/register>

Introducing

The Novel Triple Combination

In Uncontrolled T2DM

&
Gemer Dapa XR

Dapagliflozin 10mg + Glimepiride 1mg/2mg + Metformin 500mg/1000mg XR

For Gluco-Cardio-Reno Protection



CME Objectives

1. To enhance participating physicians understanding of advanced diabetes management, including its complications, with a specific focus on diabetic foot complications.
2. To provide physicians with hands-on experience in diabetic foot assessment and wound dressing techniques.
3. To facilitate a platform for knowledge sharing and collaboration among healthcare professionals in Nagpur.
4. To improve the quality of care provided to patients with diabetes and diabetic foot complications.

CME Overview

The "New Learnings in Diabetic Complications" is a comprehensive one-day CME workshop designed to equip consulting physicians in Nagpur with the latest knowledge and practical skills necessary for the management of advanced diabetes and diabetic foot complications. This workshop combines expert lectures and hands-on workshops to provide a holistic learning experience.

Learning Objectives

By the end of the workshop, participants will be able to:

1. Recognize and diagnose advanced diabetes and its associated complications.
2. Understand the principles of diabetic foot assessment, including neuropathy, vascular issues, and ulceration risk.
3. Acquire proficiency in wound dressing techniques for diabetic foot ulcers.
4. Implement best practices in diabetic foot care, including prevention and treatment strategies.
5. Collaborate effectively with multidisciplinary teams to optimize patient outcomes.
6. Stay updated on the latest advancements in diabetes management and foot care.

AGENDA

Topic : **“New Learnings in Diabetic Complications”**

Date : **21st July, 2024**

Venue : **Swasthyam Superspeciality Hospital, Nagpur**

Faculty : **Dr. Rohit Gupta**

Dr. Preeti Gupta

Dr. Pooja Jadhao

Dr. Sanket Pendsey

Mr. Parag Nimkar

Time	Topics	Speakers
09.30 am to 10.00 am	Breakfast & Registration	
10.00 am to 10.20 am	Challenges in Managing Blood Sugars in Diabetic Foot Ulcers and Practical Tips	Dr. Pooja Jadhao
10.20 am to 10.30 am	Inauguration Ceremony	
10.30 am to 10.50 am	A Novel Approach to Diabetic Foot Evaluation	Dr. Preeti Gupta
10.50 am to 11.10 am	Strategies for educating patient and communities on diabetic foot health	Dr. Sanket Pendsey
11.10am to 11.30 am	Tea Break	
11.30 am to 12.00 pm	Role of Podiatrist and problem based management in Diabetic Foot	Dr. Preeti Gupta
12.00 pm to 12.30 pm	Role of Vascular Surgeon in Limb Salvage	Dr. Rohit Gupta
12.30 pm to 01.00 pm	Gait Analysis and Concept of Foot Rehabilitation in Diabetic Foot	Mr. Parag Nimkar
01.00 pm to 01:30 pm	Panel Discussion	
01:30 pm to 02:30 pm	Lunch	
02:30 pm to 04.15 pm	Workshops are divided into 2 groups:	
	Group A (Neuro-vascular assessment)	Dr. Rohit Gupta
	Group B (Callus - Nail - ulcer debridement)	Dr. Preeti Gupta
04:15 pm to 04:45 pm	Diabetic Foot Quiz	
04.45 pm to 05.00 pm	Vote of Thanks	

Challenges in Managing Blood Sugars in Diabetic Foot Ulcers and Practical Tips

1

This topic focuses on the difficulties of controlling blood sugar levels in diabetic foot ulcers. It discusses strategies for achieving optimal glycemic control to promote wound healing and prevent complications, emphasizing tailored treatments, patient education, and ongoing monitoring for improved outcomes.

A Novel Approach to Diabetic Foot Evaluation

2

This topic will cover innovative methods for evaluating diabetic foot conditions, aiming to enhance assessment accuracy and treatment planning. It discusses new techniques integrating advanced imaging, biomechanical assessments, and multidisciplinary approaches for improved patient outcomes in diabetic foot management.

Role of Vascular Surgeon in Limb Salvage

3

This topic will cover critical role of vascular surgeons in limb salvage procedures. It discusses their expertise in diagnosing and treating peripheral vascular diseases that contribute to limb-threatening conditions. The session emphasizes the vascular surgeon's role in restoring blood flow, preventing amputations, and coordinating multidisciplinary care to optimize outcomes for patients at risk of limb loss.

Role of Podiatrist and Problem-Based Management in Diabetic Foot

4

This topic explores how podiatrists play a crucial role in diabetic foot care by assessing foot health, detecting complications early, and implementing personalized management strategies to prevent ulcers and amputations, thus improving patient outcomes significantly.

Diabetic Foot Quiz and Discussion

5

This topic includes a quiz focusing on diabetic foot care, covering topics like risk factors, complications, and treatment approaches. Participants engage in a discussion afterward to review quiz answers, share insights, and discuss best practices, fostering interactive learning among healthcare professionals.

Concept of Foot Rehabilitation in Diabetic Foot

6

This topic will cover importance of foot rehabilitation in diabetic foot care. It discusses strategies aimed at restoring and maintaining foot function, enhancing mobility, preventing complications like ulcers, and improving overall quality of life for diabetic patients through tailored rehabilitation programs.

Panel Discussion

7

This session involves a panel of experts discussing various aspects of diabetic foot care, including prevention, management strategies, innovative treatments, and patient education. The panel aims to provide diverse perspectives, share experiences, and address audience questions, fostering a comprehensive understanding of diabetic foot care among attendees.

Workshops are divided into two groups:

8

Group A: Neuro-vascular Assessment Participants will engage in hands-on training and discussions focused on assessing neurological and vascular status in diabetic patients, emphasizing early detection and management of complications.

Group B: Callus, Nail, Ulcer Debridement This workshop provides practical sessions on debriding calluses, nails, and ulcers in diabetic foot care, covering techniques, indications, and contraindications for each procedure to optimize wound healing and prevent infections.

About Faculty



Dr. Rohit Kumar Gupta
MBBS, DNB (Gen. Surgery),
DNB (Peripheral Vascular Surgery)

After completion of post-graduation in General Surgery in 2007 from JLN Hospital Bhilai., Had completed senior residency in Surgical Oncology from Tata Memorial Hospital Mumbai in 2009. Following which he pursued superspecialization in Vascular & Endovascular surgery from Sir Ganga Ram Hospital New Delhi. He has distinction of winning rolling trophy of VSI in 2012. He has been part of many national & international clinical trials as PI & co PI. He has many papers & publications to his name in national & international journals. He is the only qualified vascular & Endovascular surgeon in central India. He has special interest in performing peripheral angioplasties, peripheral bypass, & carotid endarterectomies.



Dr. Preeti Gupta
MBBS, DNB, FDFM
Diabetic Foot Consultant

Dr. Preeti Gupta is the Director of Podiatry and Diabetic Foot Care at Swasthyam Superspeciality Hospital in Nagpur, a position she has held since 2020. She previously served as a consultant podiatrist and diabetic foot care surgeon at the Vascular Clinic in Nagpur from 2014 to 2020. Dr. Gupta has been involved in significant research, including serving as the principal investigator for a trial on the role of stem cells in healing ischemic ulcers in non-reconstructible arterial disease (STEMPUTICS) and as a co-principal investigator on the role of Woxheal in non-healing wounds. She is a life member of both the Indian Podiatry Association (IPA) and the Diabetic Foot Society of India (DFSI). Dr. Gupta completed a fellowship in diabetic foot management from IPA in 2019, an observership in DFCC at JIVAS Bangalore in 2017, and a two-year senior residency in DFCC at Sir Ganga Ram Hospital, New Delhi (2011-2013). She holds a DNB from JLNH&RC, Bhilai (2007) and an MBBS from IGMC, Nagpur (2002).



Dr. Pooja Jadhao
MBBS, MD (MEDICINE),
DM (ENDOCRINOLOGY)
Consultant Endocrinologist

Dr. Pooja Jadhao, an accomplished medical professional, holds an MBBS, MD in Medicine, and DM in Endocrinology. She currently serves as an Assistant Professor in the Department of Endocrinology at GMC and SSH, Nagpur, and also works as a Consultant Endocrinologist. Dr. Jadhao has contributed significantly to the medical field with 14 publications in indexed journals. Her research excellence is highlighted by winning a paper presentation at the RSSDI conference in Bhubaneswar in 2023 and a poster presentation at the ESICON conference in Hyderabad in 2023. Dr. Jadhao has also worked as a Senior Resident in Endocrinology at the Institute of Medical Sciences, Bhubaneswar, and in General Medicine at Mahatma Gandhi Institute of Medical Sciences, Sewagram.



Dr. Sanket Pendsey
MBBS,
DNB (General Medicine)

Dr. Sanket Pendsey has been a practicing Consultant Diabetologist at the Diabetes Clinic Research Centre since February 2013. He has previously served as a Registrar in the Department of Medicine at St. Philomena's Hospital, Bangalore. Dr. Pendsey holds a DNB in Internal Medicine from St. Philomena's Hospital and a Post Graduate Diploma in Diabetology from Amrita Institute of Medical Sciences, Cochin. He is an active member of several medical associations, including the Diabetic Association of India, RSSDI, Academy of Medical Sciences, and the Indian Medical Association. As a trustee of the Diabetes Research Education And Management Trust (DREAM), he is dedicated to supporting underprivileged children with type 1 diabetes. Dr. Pendsey has organized significant events, such as a Type 1 diabetes education program attended by over 300 children. His numerous publications and presentations cover a wide range of topics, from neonatal diabetes to diabetic foot management, showcasing his expertise and commitment to advancing diabetes care.

Snapshots of Success

New Learnings in Diabetic Complications

Prof. Arun Bal Auditorium, Chennai - 25th February, 2024



Advancements in Respiratory Health

Hotel Fariyas, Lonavala, Maharashtra - 24th and 25th February, 2024



Advancements in Respiratory Health

Hotel Manas, Igatpuri, Maharashtra - 24th and 25th February, 2024



Advancements in Respiratory Health

Sterling Corbett, Jim Corbett, Uttarakhand - 2nd and 3rd March, 2024



Respi ACCEDE - Expert Conclave on RTI and Cough Management

The Lalit Golf and Spa Resort, Goa - 13th and 14th April, 2024



The Pediatric Scholar Series Conclave Meeting

Sterling Lake Palace, Alleppey - 27th and 28th April, 2024



For inquiries and registration, please contact:

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About CME Foundation of India

“CME FOUNDATION OF INDIA” is a registered AOP under income tax act 1961, which is engaged in updating the skills and knowledge of practicing doctors, nurses, and healthcare professionals by providing continuing education activities. The objective of the foundation is to serve the medical knowledge needs of practicing doctors, nurses, and healthcare professionals in order to enhance the quality of healthcare service provided to patients in rural and urban area.

CMEFI has worked with many prominent senior faculties, societies, and associations in the medical fraternity to create Continuing Medical Education modules in different formats, print and digital, leveraging the evidence based knowledge and skills of the thought leaders drawn from various medical specialties and reaching it to large number of practicing doctors across the country. The continuing education is imparted to professionals through live meetings, workshops, webinars, and the distance education mode.

CMEFI provides an excellent forum to share the outstanding experience and expertise of eminent specialists with the young professionals thereby benefiting millions of people through better treatment at Point of Care.

CMEFI carries out the scientific and market research projects such as conducting Medical and Nursing Education activities, patient camps and surveys by healthcare providers, doctors, medical practitioners, and nurses etc., CMEFI works with Indian Institutions and Individual doctors to offer CME programs of current interest in India.

CMEFI plans to establish and promote social / culture / business centres and to conduct such activities in the interest of all doctors, medical practitioners, and nurses.

In uncontrolled T2DM patients



Control | Protect | Preserve

In Indian patients' clinical trial: **DAPA + SITA + MET** showed significantly more number of patients achieved $HbA1c \leq 7\%$ ¹

3X

~More proportion of
DAPA + SITA + MET
patients achieved
HbA1c $\leq 7\%$ Vs SITA + MET¹

2X

~More proportion of
DAPA + SITA + MET
patients achieved
HbA1c $\leq 7\%$ Vs DAPA + MET¹



For the use of a registered medical practitioner or a hospital or a laboratory only

Reference

1. Data on file **T2DM:** Type 2 Diabetes Mellitus **SITA:** Sitagliptin **MET:** Metformin
DAPA: Dapagliflozin **HbA1c:** Hemoglobin A1c



For full prescribing information, kindly contact us:
Sun Pharma Laboratories Ltd
Sun House, Plot No - 201 B/1, Western Express Highway, Goregaon (East), Mumbai - 400063, Maharashtra (India).