



CME FOUNDATION OF INDIA

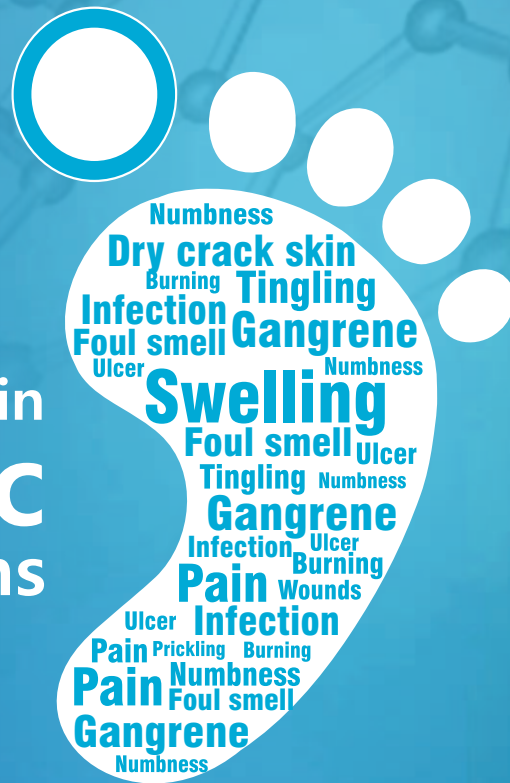


Date: 16<sup>th</sup> June, 2024



Venue: AIIMS, Jodhpur

# New Learnings in Diabetic Complications



Registration Link



<https://newlearningsindiabeticcomplicationsjodhpur.cmefi.co.in>

## CME Objectives

1. To enhance participating physicians' understanding of advanced diabetes management, including its complications, with a specific focus on diabetic foot complications.
2. To provide physicians with hands-on experience in diabetic foot assessment and wound dressing techniques.
3. To facilitate a platform for knowledge sharing and collaboration among healthcare professionals in Jodhpur.
4. To improve the quality of care provided to patients with diabetes and diabetic foot complications.

## CME Overview

The "New Learnings in Diabetic Complications" is a comprehensive one-day CME workshop designed to equip consulting physicians in Jodhpur with the latest knowledge and practical skills necessary for the management of advanced diabetes and diabetic foot complications. This workshop combines expert lectures and hands-on workshops to provide a holistic learning experience.

## Learning Objectives

**By the end of the workshop, participants will be able to:**

1. Recognize and diagnose advanced diabetes and its associated complications.
2. Understand the principles of diabetic foot assessment, including neuropathy, vascular issues, and ulceration risk.
3. Acquire proficiency in wound dressing techniques for diabetic foot ulcers.
4. Implement best practices in diabetic foot care, including prevention and treatment strategies.
5. Collaborate effectively with multidisciplinary teams to optimize patient outcomes.
6. Stay updated on the latest advancements in diabetes management and foot care.

# AGENDA

Topic : **“New Learnings in Diabetic Complications”**

Date : **16<sup>th</sup> June, 2024**

Venue : **AIIMS, Jodhpur**

Faculty : **Dr. Ravindra Shukla**

**Dr. Satyaprakash**

**Dr. Ravi Gaur**

Time	Topic	Speaker
08:30 am to 09:30 am	Registration	
09:30 am to 10:10 am	Introduction: Epidemiology/Pathophysiology of Diabetic Foot	Dr. Satyaprakash
10:10 am to 10:50 am	Assessment of Foot in Diabetes: Recognize What is Wrong	Dr. Ravi Gaur
10:50 am to 11:05 am	Coffee	
11:05 am to 11:45 am	Diabetic Foot Infections: Recognizing and Managing	Dr. Ravindra Shukla
11:45 am to 12:30 pm	Medico Surgical Management of Diabetic Foot	Dr. Satyaprakash
12:30 pm to 01:00 pm	Diabetic Foot: Education and Prevention	Dr. Ravi Gaur
01:00 pm to 01:30 pm	Q and A Session	
01:30 pm to 02:00 pm	Lunch	
02:00 pm to 02:45 pm	Recent Advancements in Diabetic Foot Management	Dr. Ravindra Shukla
02:45 pm to 03:45 pm	Workshops Divided into 2 Groups:	Dr. Ravi Gaur and Dr. Ravindra Shukla
	Group A: Neuro-vascular Assessment	
	Group B: Callus - Nail - Ulcer Debridement	Dr. Satyaprakash
03:45 pm to 04:15 pm	Charcot Foot in Diabetes: What You Should Know?	Dr. Ravindra Shukla
04:15 pm to 05:15 pm	Surgi Quiz: What We Learnt Today?	Dr. Satyaprakash
05:15 pm to 05:30 pm	Vote of Thanks	

### **Introduction: Epidemiology/Pathophysiology of Diabetic Foot:**

- 1 This topic will cover epidemiology and the underlying causes and mechanisms leading to diabetic foot complications. It will discuss the roles of peripheral neuropathy, peripheral arterial disease, and infection in the development and progression of diabetic foot ulcers and related conditions.

### **Assessment of Foot in Diabetes: Recognize What is Wrong:**

- 2 This topic will cover the comprehensive evaluation techniques used to diagnose diabetic foot issues, including clinical examination and diagnostic tests.

### **Diabetic Foot Infections: Recognizing and Managing:**

- 3 This topic will cover the clinical signs and symptoms to identify diabetic foot infections early, as well as the comprehensive management strategies including antimicrobial therapy, wound care, surgical intervention, and patient education. It will also emphasize the importance of timely diagnosis and multidisciplinary approaches to prevent complications and improve outcomes.

### **Medico Surgical Management of Diabetic Foot:**

- 4 This topic will cover the integrated approach to treating diabetic foot, combining medical management with surgical interventions. It will detail the use of medications, wound care techniques, infection control, and various surgical procedures aimed at preserving limb function and preventing amputation.

### **Diabetic Foot: Education and Prevention:**

- 5 This topic will cover educating the patients with diabetes about foot care practices, emphasizing daily inspection, proper footwear selection, and injury prevention measures to minimize the risk of complications such as ulcers and infections.

### **Recent Advancements in Diabetic Foot Management:**

- 6 This topic will cover recent advancements in diabetic foot management, such as novel wound care modalities, minimally invasive surgical approaches, and the importance of multidisciplinary collaboration in enhancing patient outcomes.

### **Workshops:**

The workshops will be divided into two groups.

- 7 **Group A** will cover neuropathy and vasculopathy assessment, while **Group B** will cover callus - nail - ulcer debridement. The sessions will provide hands-on experience and practical tips for managing diabetic foot complications.

### **Charcot Foot in Diabetes: What You Should Know?:**

- 8 This topic will cover the pathophysiology, biochemistry, and treatment of charcot foot; a serious complication of diabetes that can lead to deformity and disability. The session will provide an understanding of the disease process and the latest treatment options.

## About Faculty



**Dr. Ravindra Shukla**  
DM (Endocrinology)

He currently holds the position of Additional Professor in the Department of Endocrinology & Metabolism at AIIMS Jodhpur. His major achievements include receiving a University Gold medal in DM (Endocrinology), initiating the Endocrinology Department at AIIMS Jodhpur in 2016, completing a fellowship in Islet Transplantation at the University of Alberta Hospital in Edmonton, Canada, and serving as a visiting faculty at Scaniatransplant, Karolinska Institute in Sweden. He has 42 publications in PubMed-indexed journals, received the SRTF Fellowship awarded by the French Embassy in India for Islet transplantation at CHU Montpellier France & Neuroendocrinology Core, Lille France, and has been an investigator in RCTs and various ICMR and DBT projects.



**Dr. Satyaprakash**  
MBBS, MS, FMAS,  
FALS (Colorectal)

He holds fellowships in Minimal Access Surgery (FMAS) and Advanced Laparoscopic Surgery (FALS-Colorectal), along with certificates in Advance Trauma Life Support (ATLS) and Anal Sphincter Repair. He has received 4 awards in various academic activities and has published 42 papers in National & International Journals. Additionally, he is a member of several prestigious societies and organizations, including the Association of Minimal Access Surgeons of India (AMASI), The Indian Association of Gastrointestinal Endo-Surgeons (IAGES), The Association of Surgeons of India (ASI), and The Association of Colon & Rectal Surgeons of India (ACRSI).



**Dr. Ravi Gaur**  
MBBS, MD, PMR, DNB, PMR,  
PGDHM, CCEPC

Dr. Ravi Gaur, an Additional Professor and Head of the Department of Physical Medicine and Rehabilitation at AIIMS Jodhpur, holds multiple qualifications including MBBS, MD PMR, DNB PMR, PGDHM, and CCEPC.

For inquiries and registration, please contact:

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 **Email - [priyanka.gaikwad@hansamedcell.in](mailto:priyanka.gaikwad@hansamedcell.in)**

# Snapshots of Success

## New Learnings in Diabetic Complications Prof. Arun Bal Auditorium, Chennai - 25<sup>th</sup> February, 2024



## Advancements in Respiratory Health Hotel Fariyas, Lonavala, Maharashtra - 24<sup>th</sup> and 25<sup>th</sup> February, 2024



## Advancements in Respiratory Health Hotel Manas, Igatpuri, Maharashtra - 24<sup>th</sup> and 25<sup>th</sup> February, 2024



**Advancements in Respiratory Health**  
Sterling Corbett, Jim Corbett, Uttarakhand - 2<sup>nd</sup> and 3<sup>rd</sup> March, 2024



**Respi ACCEDE - Expert Conclave on RTI and Cough Management**  
The LaliT Golf & Spa Resort, Goa - 13<sup>th</sup> and 14<sup>th</sup> April, 2024



**The Pediatric Scholar Series Conclave Meeting**  
Sterling Lake Palace, Alleppey - 27<sup>th</sup> and 28<sup>th</sup> April, 2024



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## About CME Foundation of India

“CME FOUNDATION OF INDIA” is a registered AOP under income tax act 1961, which is engaged in updating the skills and knowledge of practicing doctors, nurses, and healthcare professionals by providing continuing education activities. The objective of the foundation is to serve the medical knowledge needs of practicing doctors, nurses, and healthcare professionals in order to enhance the quality of healthcare service provided to patients in rural and urban area.

CMEFI has worked with many prominent senior faculties, societies, and associations in the medical fraternity to create Continuing Medical Education modules in different formats, print and digital, leveraging the evidence based knowledge and skills of the thought leaders drawn from various medical specialties and reaching it to large number of practicing doctors across the country. The continuing education is imparted to professionals through live meetings, workshops, webinars, and the distance education mode.

CMEFI provides an excellent forum to share the outstanding experience and expertise of eminent specialists with the young professionals thereby benefiting millions of people through better treatment at Point of Care.

CMEFI carries out the scientific and market research projects such as conducting Medical and Nursing Education activities, patient camps and surveys by healthcare providers, doctors, medical practitioners, and nurses etc., CMEFI works with Indian Institutions and Individual doctors to offer CME programs of current interest in India.

CMEFI plans to establish and promote social / culture / business centres and to conduct such activities in the interest of all doctors, medical practitioners, and nurses.