



CME FOUNDATION OF INDIA

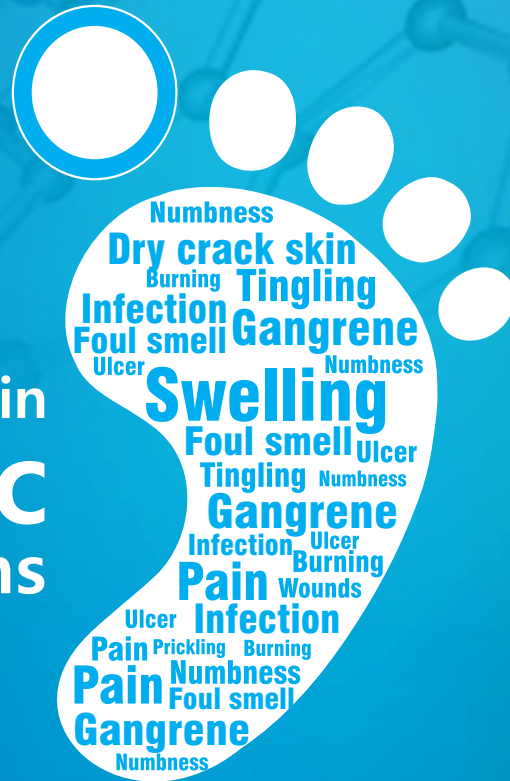


18<sup>th</sup> August, 2024



Courtyard by Marriott, Madurai

# New Learnings in Diabetic Complications



Registration Link



<https://newlearningsindiabeticcomplicationsmadurai.cmefi.co.in/register>

# Introducing

**The Novel Triple Combination**

In Uncontrolled T2DM

&  
**Gemer Dapa XR**

Dapagliflozin 10mg + Glimepiride 1mg/2mg + Metformin 500mg/1000mg XR

**For Gluco-Cardio-Reno Protection**



## CME Objectives

1. To enhance participating physicians understanding of advanced diabetes management, including its complications, with a specific focus on diabetic foot complications.
2. To provide physicians with hands-on experience in diabetic foot assessment and wound dressing techniques.
3. To facilitate a platform for knowledge sharing and collaboration among healthcare professionals in Madurai.
4. To improve the quality of care provided to patients with diabetes and diabetic foot complications.

## CME Overview

The "New Learnings in Diabetic Complications" is a comprehensive one-day CME workshop designed to equip consulting physicians in Madurai with the latest knowledge and practical skills necessary for the management of advanced diabetes and diabetic foot complications. This workshop combines expert lectures and hands-on workshops to provide a holistic learning experience.

## Learning Objectives

**By the end of the workshop, participants will be able to:**

1. Recognize and diagnose advanced diabetes and its associated complications.
2. Understand the principles of diabetic foot assessment, including neuropathy, vascular issues, and ulceration risk.
3. Acquire proficiency in wound dressing techniques for diabetic foot ulcers.
4. Implement best practices in diabetic foot care, including prevention and treatment strategies.
5. Collaborate effectively with multidisciplinary teams to optimize patient outcomes.
6. Stay updated on the latest advancements in diabetes management and foot care.

# AGENDA

Topic : **“New Learnings in Diabetic Complications”**  
Date : **18<sup>th</sup> August, 2024**  
Venue : **Courtyard by Marriott, Madurai**  
Faculty : **Dr. G. Saravanakumar, Dr. Thangapandian,  
Dr. S. M. Kannan, Dr. R. Gobinath**

Time	Topics
08:00 am to 08:30 am	Registration
08:30 am to 09:15 am	Pathophysiology of ulcer formation in diabetes
09:15 am to 10:00 am	What is new in the prevention of diabetic foot disease?
10:00 am to 10:30 am	How to catch a high-risk foot in your clinic?
10:30 am to 11:00 am	Third eye of Diabetic foot ulcer
11:00 am to 11:20 am	Tea Break
11:20 am to 12:00 pm	Dressing materials and offloading in DFU
12:00 pm to 12:30 pm	A thought flow to blood flow?
12:30 pm to 01:10 pm	Diabetic charcot foot : Why do practitioners need to know?
01:10 pm to 02:00 pm	Lunch
02:00 pm to 02:30 pm	Footwear in diabetics - Basics
	Rare salvages - preventing foot loss
02:45 pm to 03:30 pm	Workshop live demos - Neurovascular assessment
	Callus scrapping-hands on Training
	Negative pressure wound therapy
03:30 pm to 04:15 pm	Diabetic foot : What physicians need to know
04:15 pm to 05:00 pm	Recent advances in diabetic foot management
05:00 pm to 05:30 pm	Question and Answer session with high tea



- **Pathophysiology of Ulcer Formation in Diabetes**

This topic will cover the underlying mechanisms of ulcer formation in diabetes, including neuropathy, peripheral arterial disease, and the impact of hyperglycemia on wound healing. Understanding these factors is crucial for developing effective prevention and treatment strategies for diabetic foot ulcers.

- **What is New in the Prevention of Diabetic Foot Disease?**

This topic will cover the latest advancements and innovative approaches in preventing diabetic foot disease. Emerging technologies, new clinical guidelines, and evidence-based practices will be discussed to help clinicians stay updated on the best preventive measures.

- **How to Catch a High-Risk Foot in Your Clinic?**

This topic will cover practical strategies for identifying high-risk diabetic feet during clinical assessments. Key indicators such as sensory neuropathy, vascular insufficiency, and foot deformities will be highlighted, along with practical screening tools and techniques.

- **Third Eye of Diabetic Foot Ulcer**

This topic will cover advanced diagnostic tools and techniques that provide deeper insights into diabetic foot ulcers. Technologies such as imaging modalities, biomarker analysis, and AI-driven assessment tools will be discussed to enhance early detection and treatment planning.

- **Dressing Materials and Offloading in DFU**

This topic will cover the selection and application of appropriate dressing materials for diabetic foot ulcers, as well as the importance of offloading to reduce pressure on affected areas. It will also discuss best practices and the latest advancements in wound care.

- **A Thought Flow to Blood Flow?**

This topic will cover the vascular issues associated with diabetes, focusing on improving blood flow to prevent and manage diabetic foot complications. Diagnostic techniques and treatment options for enhancing vascular health will be explored.

- **Diabetic Charcot Foot: Why Do Practitioners Need to Know?**

This topic will cover the critical aspects of Charcot's foot in diabetic patients, including its pathophysiology, diagnosis, and management. The discussion will emphasize the importance of early recognition and intervention to prevent severe deformities and complications.

- **Footwear in Diabetics - Basics**

This topic will cover the fundamentals of selecting appropriate footwear for diabetic patients. It will discuss guidelines for choosing shoes that provide adequate support, reduce pressure points, and prevent foot complications.

- **Rare Salvages - Preventing Foot Loss**

This topic will cover advanced techniques and approaches for salvaging diabetic feet at risk of amputation. Case studies and innovative interventions will be discussed to highlight successful strategies for preventing foot loss.

- **Workshop Live Demos - Neurovascular Assessment**

This workshop will provide live demonstrations of neurovascular assessments in diabetic patients. Participants will learn essential skills and techniques for evaluating neuropathy and vascular status to guide clinical decision-making.

- **Callus Scraping - Hands-On Training**

This workshop will offer hands-on training in callus removal techniques for diabetic patients. Best practices for safely and effectively managing calluses to prevent complications will be covered.

- **Negative Pressure Wound Therapy**

This topic will cover negative pressure wound therapy (NPWT) principles and applications in managing diabetic foot ulcers. It will also discuss its benefits, indications, and practical considerations.

- **Diabetic Foot: What Physicians Need to Know**

This comprehensive session will cover the essential knowledge physicians need to manage diabetic foot complications effectively. Topics will include early detection, interdisciplinary care, and evidence-based treatment strategies.

- **Recent Advances in Diabetic Foot Management**

This topic will cover the latest research findings and technological advancements in managing diabetic foot complications. It will explore innovations in diagnostics, treatment, and preventive care.

- **Question and Answer Session**

This session will provide an opportunity for participants to ask questions and engage in discussions with experts in diabetic foot management. The interactive format will allow for in-depth exploration of topics covered during the workshop.

## About Faculty



**Dr. G. Saravanakumar**  
MBBS, MS, DA, FPS

Dr. G. Saravanakumar, M.B.B.S, M.S., D.A., F.P.S, is a specialized consultant podiatric surgeon and diabetic foot specialist in South Tamilnadu, renowned for state-of-the-art treatments. He is on par with U.S. podiatric surgeons, instilling confidence and hope in his patients. His clinic offers comprehensive diabetic foot care, including salvage surgery, infection management, and amputation prevention. The center uses advanced diagnostics and educates patients on preventing diabetic foot complications.



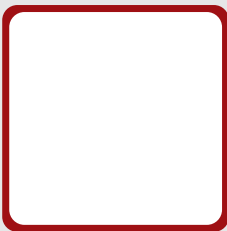
**Dr. R. Gobinath**  
MBBS, MD (General Medicine)

Dr. R. Gobinath is a seasoned medical practitioner from Madurai with over 20 years of experience in General Medicine and Diabetology. He earned his MBBS and MD (General Medicine) from Madurai Kamaraj University and a Diploma in Diabetology from New Castle University, Australia. He founded the Dr. Gobinath Diabetes Specialty Centre, offering state-of-the-art diabetes care. Dr. Gobinath is also a passionate medical educator, teaching Diabetology at Annamalai University and conducting monthly CME programs. He is a life member of several medical societies and a consultant for local hospitals in Madurai.



**Dr. Thangha Paandian**  
MBBS, DNB (Ortho)

Dr. Thangha Paandian is an orthopedician and podiatric surgeon with a background in industrial hygiene and health consulting. He has conducted over 500 occupational health programs and served as a Medical Inspector/Certifying Surgeon for 10 districts. Dr. Paandian holds an MBBS, DNB (Ortho), Dip. Diab., and C. Diab., with additional qualifications in AFIH and DIH. He has received Best District Program Manager awards and is a life member of several medical associations, including IMA and TNOA. He is also the President of the Indian Podiatric Association (IPA-Tamilnadu Chapter) and specializes in designing Occupational Health Centres and emergency management.



**Dr. S. M. Kannan**  
MBBS, MD (General Medicine)

Dr. S.M. Kannan, Medical Director of Arun Hospital in Madurai, has over 36 years of experience in general medicine. He completed his MBBS and MD (General Medicine) at Madurai Medical College. Dr. Kannan has traveled to the UK multiple times for advanced training in diabetes management. Known for his in-depth knowledge and dedication to patient care, he has earned the trust of countless locals on Munichalai Road and attracts patients from nearby towns and villages. His commitment to continuous learning is key to his successful practice.

For inquiries and registration, please contact:

**Priyanka Vasant Gaikwad**

Business Development Manager

 Mob - 9702755527

 Email - [priyanka.gaikwad@hansamedcell.in](mailto:priyanka.gaikwad@hansamedcell.in)

# Snapshots of Success

## New Learnings in Diabetic Complications Prof. Arun Bal Auditorium, Chennai - 25<sup>th</sup> February, 2024



## Advancements in Respiratory Health Hotel Fariyas, Lonavala, Maharashtra - 24<sup>th</sup> and 25<sup>th</sup> February, 2024



## Advancements in Respiratory Health Hotel Manas, Igatpuri, Maharashtra - 24<sup>th</sup> and 25<sup>th</sup> February, 2024





## Advancements in Respiratory Health

Sterling Corbett, Jim Corbett, Uttarakhand - 2<sup>nd</sup> and 3<sup>rd</sup> March, 2024



### Respi ACCEDE - Expert Conclave on RTI and Cough Management

The Lalit Golf and Spa Resort, Goa - 13<sup>th</sup> and 14<sup>th</sup> April, 2024



### The Pediatric Scholar Series Conclave Meeting

Sterling Lake Palace, Alleppey - 27<sup>th</sup> and 28<sup>th</sup> April, 2024



For inquiries and registration, please contact:

**Priyanka Vasant Gaikwad**  
Business Development Manager

☎ Mob - 9702755527

✉ Email - [priyanka.gaikwad@hansamedcell.in](mailto:priyanka.gaikwad@hansamedcell.in)





## About CME Foundation of India

“CME FOUNDATION OF INDIA” is a registered AOP under income tax act 1961, which is engaged in updating the skills and knowledge of practicing doctors, nurses, and healthcare professionals by providing continuing education activities. The objective of the foundation is to serve the medical knowledge needs of practicing doctors, nurses, and healthcare professionals in order to enhance the quality of healthcare service provided to patients in rural and urban area.

CMEFI has worked with many prominent senior faculties, societies, and associations in the medical fraternity to create Continuing Medical Education modules in different formats, print and digital, leveraging the evidence based knowledge and skills of the thought leaders drawn from various medical specialties and reaching it to large number of practicing doctors across the country. The continuing education is imparted to professionals through live meetings, workshops, webinars, and the distance education mode.

CMEFI provides an excellent forum to share the outstanding experience and expertise of eminent specialists with the young professionals thereby benefiting millions of people through better treatment at Point of Care.

CMEFI carries out the scientific and market research projects such as conducting Medical and Nursing Education activities, patient camps and surveys by healthcare providers, doctors, medical practitioners, and nurses etc., CMEFI works with Indian Institutions and Individual doctors to offer CME programs of current interest in India.

CMEFI plans to establish and promote social / culture / business centres and to conduct such activities in the interest of all doctors, medical practitioners, and nurses.

In uncontrolled T2DM patients



## Control | Protect | Preserve

In Indian patients' clinical trial: **DAPA + SITA + MET** showed significantly more number of patients achieved  $HbA1c \leq 7\%$ <sup>1</sup>

**3X**

~More proportion of  
**DAPA + SITA + MET**  
patients achieved  
**HbA1c  $\leq 7\%$  Vs SITA + MET<sup>1</sup>**

**2X**

~More proportion of  
**DAPA + SITA + MET**  
patients achieved  
**HbA1c  $\leq 7\%$  Vs DAPA + MET<sup>1</sup>**



For the use of a registered medical practitioner or a hospital or a laboratory only

#### Reference

1. Data on file **T2DM**: Type 2 Diabetes Mellitus **SITA**: Sitagliptin **MET**: Metformin  
**DAPA**: Dapagliflozin **HbA1c**: Hemoglobin A1c



For full prescribing information, kindly contact us:  
Sun Pharma Laboratories Ltd  
Sun House, Plot No - 201 B/1, Western Express Highway, Goregaon (East), Mumbai - 400063, Maharashtra (India).